THAILAND BODYBUILDING AND PHYSIQUE SPORTS ASSOCIATION

Under the Umbrella of The

ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

REPORT OF THE

57TH ASIAN & 19TH SOUTH EAST ASIAN

BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS 2025

AUGUST 18 - 25, 2025 | BANGKOK, THAILAND

Two major events, the 19th Southeast Asian Bodybuilding and Physique Sports Championships and the 57th Asian Bodybuilding and Physique Sports Championships, were successfully held in Bangkok, Thailand, under the leadership of Datuk Paul Chua and Mr. Sugree Supawarikul. This simultaneous hosting of both events was hailed as the best competition in ABBF history, with over 400 competitors and 150 delegates participating. As part of the event, the ABBF conducted an Anti-Doping seminar, awarding participation certificates to all attendees. Below are the full results for both competitions:

19th South East Asian Bodybuilding and Physique Sports Championships Results...

SEABPF EXECUTIVE COUNCIL MEETING

TEAM MANAGERS AND JUDGES MEETING

OPENING CEREMONY

MEN'S BODYBUILDING 55KG

31	Le Ngoc Thai	Vietnam	7	7	14	1st
14	Kasem Rattanaporn	Thailand	9	9	18	2nd
27	Ho Cong Hoai Long	Vietnam	15	15	30	3rd

MEN'S BODYBUILDING 60KG

32	Le Hong Phong	Vietnam	7	7	14	1st
37	Vo Quang Minh	Vietnam	8	8	16	2nd

Men's Bodybuilding 65kg

45	Aekkarat Srisopha	Thailand	7	7	14	1st
40	Nguyen Viet Phu	Vietnam	8	8	16	2nd
48	Mohd Hamiruddin Bin Haron	Malaysia	15	15	30	3rd

MEN'S BODYBUILDING 70KG

55	Tran Van Khanh	Vietnam	6	6	12	1st
113	Daovang Luanglalin	Lao	11	11	22	2nd
51	Mg Mg Sai	Myanmar	13	13	26	3rd
124	Teo Wee Beng Dennis	Singapore	20	20	40	4th

MEN'S BODYBUILDING 75KG

62	Chan Myae Tun	Myanmar	7	5	12	1st
59	K' Tuyen	Vietnam	12	11	23	2nd
49	Adisak Kaensa	Thailand	11	14	25	3rd
60	Mohd Afif Bin Jamal	Malaysia	23	21	44	4th
61	Edwin Kaisiri	Indonesia	22	24	46	5th
127	Victor Andre C. Mancita	Philippines	29		29	6th

MEN'S BODYBUILDING 80KG

68	Nguyen Minh My	Vietnam	10	8	18	1st
56	Chaiyakrit Pradchayakitti	Thailand	15	12	27	2nd
73	Nur Sufhian Bin Hamisan	Malaysia	15	14	29	3rd
71	Achmad Alvian	Indonesia	12	20	32	4th
69	Aung Min Oo	Myanmar	26	21	47	5th
22	Le Huu Thien	Vietnam	27		27	6th
70	Harson Dale Natividad	Philippines	35		35	7th

MEN'S BODYBUILDING OVER 80KG

92	Truong Hoang Long	Vietnam	5	5	10	1st
81	Ishak Bin Hidayat	Malaysia	15	10	25	2nd
106	Jimboy C. Mende	Philippines	16	15	31	3rd
66	Ballang Manoyos	Thailand	18	19	37	4th
84	Herwin Adianto	Indonesia	21	25	46	5th
93	Amsyar Anaqie Bin Azahar	Malaysia	33		33	6th
95	Hein Htet Kyaw	Myanmar	34		34	7th
105	Thar Htet San	Myanmar	40		40	8th
83	Mohd Hafizul Bin Tuah	Malaysia	43		43	9th

MEN'S ATHLETIC PHYSIQUE UP TO 160 CM

144	Chau Nguyen Kha	Vietnam	5	5	10	1st
108	Woottichai Rachchasak	Thailand	10	10	20	2nd
153	Samhan Bin Adnan	Malaysia	15	15	30	3rd

MEN'S ATHLETIC PHYSIQUE UP TO 167 CM

167	Abdul Aziz Bin Ahmad	Malaysia	12	6	18	1st
160	Khamling Chaleun	Lao	9	13	22	2nd
162	Than Zaw Htike	Myanmar	17	16	33	3rd
164	Le Van Viet	Vietnam	20	15	35	4th
112	Jetsada Nangam	Thailand	22	25	47	5th
143	Ta Phuc Nhat Tan	Vietnam	30		30	6th
161	Mohammad Bin Hj Ahmad	Brunei	32		32	7th

MEN'S ATHLETIC PHYSIQUE OVER 167 CM

139	Taratphong Kueathong	Thailand	10	11	21	1st
185	Pham Van Lap	Vietnam	12	13	25	2nd
186	Agung Satrio Putra	Indonesia	16	14	30	3rd
180	Do Thanh Binh	Vietnam	20	11	31	4th
183	David Sakai	Malaysia	24	25	49	5th
170	Thi Ha Thu	Myanmar	25		25	6th
178	Justin Uriel C. Sabangan	Philippines	35		35	7th

MEN'S SPORTS PHYSIQUE UP TO 170 CM

155	Watcharakon Duangdet	Thailand	7	7	14	1st
196	Zaid Bin Moheyer	Malaysia	11	11	22	2nd
203	Pham Ngoc Nam	Vietnam	12	12	24	3rd

MEN'S SPORTS PHYSIQUE UP TO 175 CM

210	Sai Thet Naung Oo	Myanmar	7	7	14	1st
201	Kontee Tangjitmongkol	Thailand	10	14	24	2nd
217	Elfarizi Bin Muhlison	Malaysia	16	13	29	3rd
208	Asrul Bin Asmat Sefri	Malaysia	22	21	43	4th
218	Muhd Ismail Bin Ahmad	Malaysia	25	23	48	5th
209	Mohd Al Badrul Bin Abu	Malaysia	29		29	6th
211	Angelo Jose T. Subalpo	Philippines	35		35	7th
214	Vijay Philip Joshua	Singapore	40		40	8th

7MEN'S SPORTS PHYSIQUE OVER 175 CM

221	Myo Thura Kyaw	Myanmar	5	5	10	1st
225	Khairul Azri Bin Abdullah	Malaysia	12	12	24	2nd
227	Nguyen Thanh Thieu	Vietnam	13	13	26	3rd

WOMEN'S MODEL PHYSIQUE UP TO 160 CM

288	Phetsala Vannasan	Lao	12	10	22	1st
299	Su Mon Hlaing	Myanmar	13	13	26	2nd
301	Kanokon Tong-O	Thailand	15	12	27	3rd
245	Le Thi Cam Huong	Vietnam	18	17	35	4th
293	Vonmany Sayasane	Lao	22	21	43	5th
296	Erne Marina Ainalisa Noer	Malaysia	24		24	6th

WOMEN'S MODEL PHYSIQUE UP TO 165 CM

284	Deth Xaivanhsee	Lao	5	5	10	1st
307	Papatsarin Rungsirichairat	Thailand	13	14	27	2nd
306	Lynn Lynn Soe	Myanmar	15	14	29	3rd
304	Ong Shih Ling	Malaysia	18	18	36	4th

WOMEN'S MODEL PHYSIQUE OVER 165 CM

305	Yothaka Sanguangwong	Thailand	7	7	14	1st
314	Zu Zu Thant	Myanmar	9	9	18	2nd
319	Ha Thi Thanh Trang	Vietnam	15	15	30	3rd
316	Tran Thi Ngan Ha	Vietnam	20	20	40	4th

MEN'S TEAM CHAMPIONSHIP

PLACE	COUNTRY	SCORE
1st	VIETNAM	505
2nd	THAILAND	295
3rd	MYANMAR	210

WOMEN'S TEAM CHAMPIONSHIP

PLACE	COUNTRY	SCORE
1st	LAO	120
2nd	THAILAND	100
3rd	MYANMAR	65

TOP SEVEN WINNERS OF EACH BODYWEIGHT CATEGORY

MR SOUTH EAST ASIA 2025		
62	Chan Myae Tun	Myanmar

57th Asian Bodybuilding & Physique Sports Championships Results…

ABBF EXECUTIVE COUNCIL MEETING

ABBF ANNUAL CONGRESS

OPENING CEREMONY

57th
ASIAN
THE SPIRIT
BODYBUILDING AND
PHYSIQUE SPORTS
2025
THE SPIRIT
GTH!

MEN'S JUNIOR BODYBUILDING UP TO 75 KG

57	Farasat Ali Khan	Pakistan	10	10	20	1st
16	Bhushan Dutt Gaur	India	12	13	25	2nd
18	Baitullah Zadran	Afghanistan	13	13	26	3rd
19	Hawaibam Ricky	India	14	14	28	4th
20	Firoj	India	25	25	50	5th

MEN'S JUNIOR BODYBUILDING OVER 75 KG

10	Natchanon Maosem	Thailand	5	5	10	1st
23	Chongtham Bluncely Meitei	India	11	11	22	2nd
21	Yasar Samir Ehsan	Afghanistan	17	17	34	3rd
22	Le Huu Thien	Vietnam	18	18	36	4th
24	Mayanglambam Olenjit Singh	India	24	24	48	5th

MEN'S BODYBUILDING 55 KG

30	Tran Anh Vu	Vietnam	6	6	12	1st

26	Dipesh Bhoir	India	12	12	24	2nd
29	Azri Bin Asmat Sefri	Malaysia	16	16	32	3rd
28	Santosh Yadav	India	17	17	34	4th
27	Ho Cong Hoai Long	Vietnam	25	25	50	5th

MEN'S BODYBUILDING 60 KG

15	Jiraphan Pongkam	Thailand	5	5	10	1st
35	Vimal Jit	India	13	16	29	2nd
33	Phung Huu Thanh	Vietnam	16	17	33	3rd
36	Nitesh Kolekar	India	22	17	39	4th
34	Vijay Arul	India	23	19	42	5th
37	Vo Quang Minh	Vietnam	30		30	6th
38	Haroon Sultani	Afghanistan	33		33	7th

MEN'S BODYBUILDING 65 KG

42	Abbas Maki Ali Maki	Bahrain	9	7	16	1st
45	Aekkarat Srisopha	Thailand	12	14	26	2nd
41	Joseph Anak Ladi	Malaysia	13	16	29	3rd
40	Nguyen Viet Phu	Vietnam	18	16	34	4th
48	Mohd Hamiruddin Bin Haron	Malaysia	24	21	45	5th
47	Kalas Bindu Sagar	India	27		27	6th
43	Rahim Ansari	India	34		34	7th
82	Jakkawat Intarangsi	Thailand	39		39	8th

125	Tun Min	Myanmar	44		44	9th
161	Mohammad Bin Hj Ahmad	Brunei	50		50	10th

MEN'S BODYBUILDING 70 KG

55	Tran Van Khanh	Vietnam	9	6	15	1st
52	Raj Nayak	India	10	9	19	2nd
117	Mg Mg Myint	Myanmar	25	15	40	3rd
114	Amin Rasuad Bin Sidek	Malaysia	21	21	42	4th
51	Mg Mg Sai	Myanmar	20	23	43	5th
53	Phan Huynh Duc	Vietnam	28		28	6th
110	Pratap Kalkundrikar	India	32		32	7th
113	Daovang Luanglalin	Lao	40		40	8th
57	Farasat Ali Khan	Pakistan	42		42	9th
54	Sahu Sasanka Sekhar	India	47		47	10th
18	Baitullah Zadran	Afghanistan	52		52	11th
115	Sonam Phuntsho	Bhutan	60		60	12th

WOMEN'S JUNIOR FITNESS PHYSIQUE UP TO 21 YRS

291	Oyun-Ukhaan Munkhmandakh	Mongolia	7	7	14	1st
252	Jhintramon Thaveamayteachord	Thailand	8	8	16	2nd
246	Kanyanat Katapetpong	Thailand	15	15	30	3rd

WOMEN'S FITNESS PHYSIQUE UP TO 165 CM

250	Nguyen Thi Kim Dung	Vietnam	7	7	14	1st
249	Ajaree Tansub	Thailand	8	8	16	2nd
245	Le Thi Cam Huong	Vietnam	15	15	30	3rd
334	Nishrin Parikh	India	22	22	44	4th
244	Rana Binalben Narendrabhai	India	23	23	46	5th

WOMEN'S FITNESS PHYSIQUE OVER 165 CM

248	Ta Thi Ngoc Bich	Vietnam	6	6	12	1st
252	Jhintramon Thaveamayteachord	Thailand	10	10	20	2nd
319	Ha Thi Thanh Trang	Vietnam	13	13	26	3rd

WOMEN'S JUNIOR MODEL PHYSIQUE UP TO 21 YRS

284	Deth Xaivanhsee	Lao	6	6	12	1st
252	Jhintramon Thaveamayteachord	Thailand	12	11	23	2nd
291	Oyun-Ukhaan Munkhmandakh	Mongolia	12	13	25	3rd
285	Cha Seung Hyun	South Korea	19	19	38	4th
286	Saijai Susomkaew	Thailand	25	25	50	5th

WOMEN'S SWIMSUIT MODEL PHYSIQUE UP TO 165 CM

336	Chak Pui Kwan	Hong Kong China	6	5	11	1st
335	Uyanga Otgonbayar	Mongolia	15	10	25	2nd
329	Siriporn Sornchuay	Thailand	12	15	27	3rd
338	Ngo Tuyet Nhi	Macao China	23	20	43	4th
330	Me Me Kyaw Naing	Myanmar	25	25	50	5th
297	Ma Suet Yi	Hong Kong China	26		26	6th
291	Oyun-Ukhaan Munkhmandakh	Mongolia	34		34	7th
295	Yajik Hillang	India	37		37	8th
332	Wong Sin Ting	Hong Kong China	45		45	9th
333	Swarnim Rai	India	49		49	10th
334	Nishrin Parikh	India	52		52	11th
287	Sibani Dash	India	60		60	12th
244	Rana Binalben Narendrabhai	India	65		65	13th

WOMEN'S SWIMSUIT MODEL PHYSIQUE OVER 165 CM

318	Lee Kyeong Ran	South Korea	10	8	18	1st
346	Undrakh Jargalsaikhan	Mongolia	11	15	26	2nd
347	Munasingha Madumali	Sri Lanka	18	13	31	3rd
340	Chan Shiu Ki	Hong Kong China	20	20	40	4th
314	Zu Zu Thant	Myanmar	22	20	42	5th
319	Ha Thi Thanh Trang	Vietnam	23		23	6th
312	Ugyen Pema	Bhutan	34		34	7th
341	Otgontsetseg Bayanbulag	Mongolia	40		40	8th
285	Cha Seung Hyun	South Korea	44		44	9th

MEN'S MASTER BODYBUILDING 40-49YRS UP TO 80KG

40	Nguyen Viet Phu	Vietnam	13	5	18	1st
117	Mg Mg Myint	Myanmar	11	10	21	2nd
42	Abbas Maki Ali Maki	Bahrain	8	16	24	3rd
82	Jakkawat Intarangsi	Thailand	24	19	43	4th
114	Amin Rasuad Bin Sidek	Malaysia	26	25	51	5th
110	Pratap Kalkundrikar	India	30		30	6th
116	Naushad Yakub Shaikh	India	38		38	7th
113	Daovang Luanglalin	Lao	39		39	8th
161	Mohammad Bin Hj Ahmad	Brunei	44		44	9th
48	Mohd Hamiruddin Bin Haron	Malaysia	46		46	10th
70	Harson Dale Natividad	Philippines	50		50	11th
115	Sonam Phuntsho	Bhutan	60		60	12th

MEN'S MASTER BODYBUILDING 40-49YRS OVER 80KG

122	Subhash Pujari	India	8	5	13	1st
118	Gritsenko Artur	Kazakhstan	15	10	25	2nd
91	Osamah Sari	Iraq	19	15	34	3rd
121	Ismadi Bin Riji	Malaysia	14	21	35	4th
120	Rajeev Sahu	India	21	23	44	5th
119	Puzhalin Dmitriy	Kazakhstan	29		29	6th

MEN'S MASTER BODYBUILDING 50-60YRS UP TO 80KG

123	Nazri Bin Pulong	Malaysia	7	6	13	1st
89	Somkhit Sumethowetchakun	Thailand	11	12	23	2nd
134	Mohammad Mazraehmollaei	Iran	13	12	25	3rd
129	Shaji T R	India	19	21	40	4th
132	Mohandas Naduvile Veettil	India	26	24	50	5th
127	Victor Andre C. Mancita	Philippines	31		31	6th
135	Teo Wee Beng Dennis	Singapore	36		36	7th
125	Tun Min	Myanmar	37		37	8th
126	Lim Kipyong	South Korea	42		42	9th

MEN'S MASTER BODYBUILDING 50-60YRS OVER 80KG

133	Ahmad Ijaz	Pakistan	5	5	10	1st
88	Nguyen Van Quang	Vietnam	10	11	21	2nd
130	Syed Faizal Bin Syed Ali	Malaysia	16	19	35	3rd
138	Viresh Dhotre	India	21	20	41	4th
137	Leishangthem Kumarjit Meitei	India	23	20	43	5th
128	Bi Banghua	China	27		27	6th
131	Batmunkh Bayarmagnai	Mongolia	34		34	7th

MEN'S MASTER BODYBUILDING OVER 60 YRS

100	Suwijak Pintusornchai	Thailand	8	8	16	1st
140	Shanmugam Jayaraman	India	10	10	20	2nd
141	Das Manoj Bihari	India	11	11	22	3rd

MIXED PAIRS

2	Lei Ka Kit &	Macao China	5	5	10	1st

	Ao Ka Wan					
5	Wanchai Kanjanapimine & Siriporn Sornchuay	Thailand	11	11	22	2nd
6	Phan Huynh Duc & Le Thi Cam Huong	Vietnam	18	16	34	3rd
12	Ta Phuc Nhat Tan & Tran Thi Ngan Ha	Vietnam	18	19	37	4th
7	Zainal Arif Bin Zainal Ariffin & Meilaura Dora Jimmy	Malaysia	24	24	48	5th
13	Chencho & Ugyen Pema	Bhutan	30		30	6th

MEN'S FITNESS PHYSIQUE UP TO 170 CM

102	Pornchai Tammasangwal	Thailand	10	10	20	1st
144	Chau Nguyen Kha	Vietnam	11	11	22	2nd
145	Nilesh Wadekar	India	14	14	28	3rd
143	Ta Phuc Nhat Tan	Vietnam	18	18	36	4th
136	Wong Son Wai	Macao China	23	23	46	5th

MEN'S FITNESS PHYSIQUE OVER 170 CM

104	Damrongsak Soysri	Thailand	5	5	10	1st
148	Sekar Ranjith	India	10	10	20	2nd
147	Lam Ting Pang	Macao China	15	15	30	3rd
149	Bhutia Norbu Tshering	India	20	20	40	4th

MEN'S BODYBUILDING 75 KG

62	Chan Myae Tun	Myanmar	10	8	18	1st
59	K' Tuyen	Vietnam	16	8	24	2nd
123	Nazri Bin Pulong	Malaysia	10	15	25	3rd
65	Ashish Rautela	India	16	20	36	4th
134	Mohammad Mazraehmollaei	Iran	24	25	49	5th
71	Achmad Alvian	Indonesia	30		30	6th
64	Milad Mirzada	Afghanistan	36		36	7th
61	Edwin Kaisiri	Indonesia	39		39	8th

MEN'S BODYBUILDING 80 KG

77	Zainal Arif Bin Zainal Ariffin	Malaysia	10	8	18	1st
73	Nur Sufhian Bin Hamisan	Malaysia	11	10	21	2nd
72	Amit Kumar Bhuyan	India	12	14	26	3rd
50	Thanakrit Prachantasen	Thailand	22	21	43	4th
78	Zmarul Al Adam Pulutan Abdullah	Malaysia	23	23	46	5th
68	Nguyen Minh My	Vietnam	26		26	6th
69	Aung Min Oo	Myanmar	35		35	7th
74	Polai Jitendra Kumar	India	38		38	8th

MEN'S BODYBUILDING 85 KG

81	Ishak Bin Hidayat	Malaysia	6	10	16	1st
90	Kumar Rakesh	India	11	14	25	2nd
98	Nayeb Mubarez	Afghanistan	20	7	27	3rd
85	Akshay Krishna Venugopal	India	13	20	33	4th
88	Nguyen Van Quang	Vietnam	25	25	50	5th
119	Puzhalin Dmitriy	Kazakhstan	30		30	6th

WOMEN'S BODYBUILDING UP TO 55KG

236	Meilaura Dora Jimmy	Malaysia	7	7	14	1st
235	Dinh Kim Loan	Vietnam	12	12	24	2nd
237	Sanjeeta Thokchom	India	13	13	26	3rd
238	Sasmal Pinki	India	19	19	38	4th

WOMEN'S BODYBUILDING OVER 55 KG

243	Jiratha Chuthanichakan	Thailand	5	5	10	1st
239	Shenaz Begum J B	India	10	10	20	2nd

WOMEN'S MODEL PHYSIQUE UP TO 155 CM

288	Phetsala Vannasan	Lao	7	7	14	1st
290	Yuphaphon Suebsuan	Thailand	8	8	16	2nd
291	Oyun-Ukhaan Munkhmandakh	Mongolia	16	16	32	3rd
293	Vonmany Sayasane	Lao	19	19	38	4th
332	Wong Sin Ting	Hong Kong China	25	25	50	5th
287	Sibani Dash	India	30		30	6th
289	Ao Ka Wan	Macao China	35		35	7th

WOMEN'S MODEL PHYSIQUE UP TO 160 CM

295	Yajik Hillang	India	11	13	24	1st
294	Chiranan Suran	Thailand	12	13	25	2nd
245	Le Thi Cam Huong	Vietnam	18	13	31	3rd
330	Me Me Kyaw Naing	Myanmar	19	16	35	4th
297	Ma Suet Yi	Hong Kong China	23	21	44	5th
296	Erne Marina Ainalisa Noer	Malaysia	28		28	6th
338	Ngo Tuyet Nhi	Macao China	33		33	7th
286	Saijai Susomkaew	Thailand	36		36	8th

WOMEN'S MODEL PHYSIQUE UP TO 165 CM

336	Chak Pui Kwan	Hong Kong China	7	6	13	1st
335	Uyanga Otgonbayar	Mongolia	8	9	17	2nd
285	Cha Seung Hyun	South Korea	18	17	35	3rd
333	Swarnim Rai	India	20	18	38	4th
306	Lynn Lynn Soe	Myanmar	25	25	50	5th
321	Tenzin Deden Bhutia	India	28		28	6th
244	Rana Binalben Narendrabhai	India	35		35	7th

MEN'S SPORTS PHYSIQUE UP TO 170 CM

202	Faizan Gul	Pakistan	10	8	18	1st
155	Watcharakon Duangdet	Thailand	11	14	25	2nd
156	Nantapong Mukdara	Thailand	16	19	35	3rd
193	Kitti Phalaphon	Thailand	21	16	37	4th
200	Mohd Faizal Bin Mat Rashid	Malaysia	21	20	41	5th
203	Pham Ngoc Nam	Vietnam	30		30	6th
199	Dawa Tashi	Bhutan	35		35	7th
216	Nishant Kumar Raj	India	37		37	8th
204	Gurulaththala Tharuka	Sri Lanka	46		46	9th
195	Ling Ho Hoi	Hong Kong China	49		49	10th
198	Asaad Mahmoud Khader	Iraq	56		56	11th
206	Lo Tai Wai	Hong Kong China	59		59	12th
172	Marcuz Wayne B. Acar	Philippines	61		61	13th
136	Wong Son Wai	Macao China	70		70	14th

MEN'S SPORTS PHYSIQUE UP TO 175 CM

223	Kittisak Buradam	Thailand	10	11	21	1st
232	Afraz Khan	India	15	13	28	2nd
210	Sai Thet Naung Oo	Myanmar	16	15	31	3rd
219	Nyein Chan	Myanmar	17	17	34	4th
217	Elfarizi Bin Muhlison	Malaysia	22	20	42	5th
218	Muhd Ismail Bin Ahmad	Malaysia	31		31	6th
207	Muhamad Shaiful Hisyam Bin Abd. Aziz	Malaysia	34		34	7th

228	Sharma Gain Ranjan	India	38		38	8th
215	Saeed Usama	Pakistan	47		47	9th
213	Wong Ka Lap	Hong Kong China	48		48	10th
222	Neelesh Kumar	India	50		50	11th
212	Ahmed Naeem	Maldives	59		59	12th
149	Bhutia Norbu Tshering	India	67		67	13th
211	Angelo Jose T. Subalpo	Philippines	68		68	14th
220	Lei Ka Kit	Macao China	74		74	15th

MEN'S SPORTS PHYSIQUE UP TO 180 CM

226	Ahmed Bilal	Pakistan	7	8	15	1st
247	Jatsada Aroonwigit	Thailand	9	7	16	2nd
221	Myo Thura Kyaw	Myanmar	15	17	32	3rd
234	Sandesh Sanjay Deshmukh	India	22	20	42	4th
227	Nguyen Thanh Thieu	Vietnam	25	23	48	5th
230	Lakhpat Singh	India	30		30	6th
224	Ali Fayyaz	Pakistan	34		34	7th
229	Tang Cheuk Yin	Hong Kong China	39		39	8th

MEN'S SPORTS PHYSIQUE OVER 180 CM

240	Vikas Khajuria	India	8	8	16	1st
225	Khairul Azri Bin Abdullah	Malaysia	12	11	23	2nd
251	Rachasap Jaroensap	Thailand	12	13	25	3rd
241	Shevate Ajinkya Anil	India	20	20	40	4th
231	Ibrahim Hussein Ali	Iraq	25	25	50	5th

WOMEN'S SPORTS PHYSIQUE UP TO 165 CM

282	Tsogmaa Tsogbaatar	Mongolia	10	10	20	1st
267	Oranong Inkaew	Thailand	11	11	22	2nd
265	Nguyen Ngoc Thai Ha	Vietnam	14	12	26	3rd
266	Cha Mun Jeong	South Korea	21	21	42	4th
264	So Po Yee	Hong Kong China	24	21	45	5th
277	Aye Thandar Khaing	Myanmar	27		27	6th
268	Moe That Khine	Myanmar	34		34	7th
280	Abha Kujur	India	39		39	8th

WOMEN'S SPORTS PHYSIQUE OVER 165 CM

316	Tran Thi Ngan Ha	Vietnam	8	8	16	1st
275	Anita Chhetri	India	9	9	18	2nd
274	Philomena Dexclyn Anak Siar	Malaysia	13	13	26	3rd

WOMEN'S LADIES SPORTS PHYSIQUE OVER 35 YRS

273	Simara Chumchuen	Thailand	10	5	15	1st
282	Tsogmaa Tsogbaatar	Mongolia	12	10	22	2nd
266	Cha Mun Jeong	South Korea	19	18	37	3rd
275	Anita Chhetri	India	20	19	39	4th
264	So Po Yee	Hong Kong China	21	24	45	5th
274	Philomena Dexclyn Anak Siar	Malaysia	29		29	6th
277	Aye Thandar Khaing	Myanmar	29		29	7th

MEN'S ATHLETIC PHYSIQUE UP TO 160 CM

111	Pongsiri Prommachan	Thailand	5	5	10	1st
150	Malvern Abdullah	Malaysia	12	10	22	2nd
168	Maneef Waheed	Maldives	18	18	36	3rd
144	Chau Nguyen Kha	Vietnam	19	20	39	4th
154	Nguyen Thanh Long	Vietnam	23	22	45	5th
151	Wang Xiaohua	China	31		31	6th
153	Samhan Bin Adnan	Malaysia	32		32	7th

MEN'S ATHLETIC PHYSIQUE UP TO 167 CM

164	Le Van Viet	Vietnam	5	8	13	1st
167	Abdul Aziz Bin Ahmad	Malaysia	16	7	23	2nd
160	Khamling Chaleun	Lao	18	16	34	3rd
143	Ta Phuc Nhat Tan	Vietnam	23	19	42	4th
157	Hein Htet Zaw	Myanmar	24	25	49	5th
162	Than Zaw Htike	Myanmar	28		28	6th
163	Hilage Sanjay Baburao	India	33		33	7th
165	Aflisahyir Bin Ali	Malaysia	34		34	8th
158	Ali Mabrook Latheef	Maldives	46		46	9th
159	Myagmarpurev Vanchigdash	Mongolia	50		50	10th
166	Waisoddin Noori	Afghanistan	53		53	11th

MEN'S ATHLETIC PHYSIQUE UP TO 175 CM

142	Ekphalodsorn Sukthong	Thailand	6	7	13	1st
179	Varun Mathur	India	11	11	22	2nd
182	Ahmad Faiz Bin Ariffin	Malaysia	17	12	29	3rd
139	Taratphong Kueathong	Thailand	20	20	40	4th
181	Ko Ko Kyaw Phyo	Myanmar	30	25	55	5th
175	Iqbal Mohsin	Pakistan	33		33	6th
185	Pham Van Lap	Vietnam	34		34	7th
174	Awang Mohd Azizul Bin Ghani	Malaysia	36		36	8th
184	Rahman Ashifur	India	47		47	9th
169	Yadav Shailender	India	49		49	10th

190	Dilawar Singh	India	52		52	11th
173	Ismail Shuau Abdullah	Maldives	57		57	12th
171	Fadhil Daray	Iraq	62		62	13th
178	Justin Uriel C. Sabangan	Philippines	70		70	14th

WOMEN'S ATHLETIC PHYSIQUE OPEN CATEGORY

250	Nguyen Thi Kim Dung	Vietnam	9	6	15	1st
253	Sirinthip Insee	Thailand	11	12	23	2nd
259	Sommanin Phanousith	Lao	13	12	25	3rd
254	Urmila Shrestha	Nepal	22	21	43	4th
257	Manassanan Annopphawan	Thailand	23	24	47	5th
255	Jantana Saesam	Thailand	29		29	6th
260	Nisha Bhoyar	India	32		32	7th
304	Ong Shih Ling	Malaysia	40		40	8th

WOMEN'S LADIES ATHLETIC PHYSIQUE OVER 35 YRS

253	Sirinthip Insee	Thailand	8	7	15	1st
259	Sommanin Phanousith	Lao	12	12	24	2nd
254	Urmila Shrestha	Nepal	13	19	32	3rd
257	Manassanan Annopphawan	Thailand	20	17	37	4th
255	Jantana Saesam	Thailand	21	21	42	5th
304	Ong Shih Ling	Malaysia	28		28	6th

MEN'S BODYBUILDING 90 KG

99	Saravanan Mani	India	6	6	12	1st
67	Khakimov Ruzibek	Uzbekistan	11	10	21	2nd
93	Amsyar Anaqie Bin Azahar	Malaysia	18	16	34	3rd
122	Subhash Pujari	India	24	21	45	4th
94	Gress Maharjan	Nepal	24	23	47	5th
95	Hein Htet Kyaw	Myanmar	28		28	6th
91	Osamah Sari	Iraq	31		31	7th

MEN'S BODYBUILDING 100 KG

75	Pantawat Nimitphakpoom	Thailand	6	5	11	1st
79	Skripachev Vitaliy	Uzbekistan	12	11	23	2nd
97	Kiran Basavaraj Valmiki	India	25	14	39	3rd
103	Hanif Muhammad	Pakistan	22	20	42	4th
101	Vijay Bhoyar	India	19	25	44	5th
106	Jimboy C. Mende	Philippines	28		28	6th
118	Gritsenko Artur	Kazakhstan	35		35	7th
98	Hussein Sabah Gateh	Iraq	35		35	8th

MEN'S BODYBUILDING OVER 100 KG

109	Arshan Khan	India	10	10	20	1st
107	Koduri Pavan Kumar	India	12	12	24	2nd
21	Yasar Samir Ehsan	Afghanistan	13	13	26	3rd
121	Ismadi Bin Riji	Malaysia	15	15	30	4th

MEN'S ATHLETIC PHYSIQUE UP TO 182 CM

187	Shakeel Muhammad	Pakistan	9	6	15	1st
186	Agung Satrio Putra	Indonesia	11	15	26	2nd
194	Rahul	India	15	15	30	3rd
189	Le Vinh Kha	Vietnam	16	15	31	4th
177	Yu Hongtao	China	26	25	51	5th
188	Li Hang Kit	Hong Kong China	32		32	6th
176	Ameer Alarab	Bahrain	33		33	7th

MEN'S ATHLETIC PHYSIQUE OVER 182 CM

242	Boltaboev Abduvakhob	Uzbekistan	9	9	18	1st
197	Surendran Akhil	India	10	10	20	2nd
191	Chencho	Bhutan	14	14	28	3rd
192	Mohamad Isham Bin Fazi	Malaysia	16	16	32	4th

WOMEN'S WELLNESS PHYSIQUE OPEN CATEGORY

282	Tsogmaa Tsogbaatar	Mongolia	7	10	17	1st
268	Moe That Khine	Myanmar	11	13	24	2nd
279	Gritsenko Oxana	Kazakhstan	15	10	25	3rd
265	Nguyen Ngoc Thai Ha	Vietnam	19	18	37	4th
266	Cha Mun Jeong	South Korea	24	25	49	5th
264	So Po Yee	Hong Kong China	25		25	6th

WOMEN'S MODEL PHYSIQUE UP TO 170 CM

314	Zu Zu Thant	Myanmar	11	8	19	1st
248	Ta Thi Ngoc Bich	Vietnam	13	8	21	2nd
340	Chan Shiu Ki	Hong Kong China	17	15	32	3rd
315	Vadeetharat Toontam	Thailand	17	20	37	4th
347	Munasingha Madumali	Sri Lanka	22	24	46	5th
309	Oyun-Erdene Bat-Orgil	Mongolia	28		28	6th
346	Undrakh Jargalsaikhan	Mongolia	34		34	7th
312	Ugyen Pema	Bhutan	37		37	8th

WOMEN'S MODEL PHYSIQUE OVER 170 CM

326	Reika Kurosaki	Japan	9	9	18	1st
318	Lee Kyeong Ran	South Korea	11	11	22	2nd
305	Yothaka Sanguangwong	Thailand	13	13	26	3rd
319	Ha Thi Thanh Trang	Vietnam	17	17	34	4th
341	Otgontsetseg Bayanbulag	Mongolia	24	24	48	5th

WOMEN'S LADIES MODEL PHYSIQUE OVER 35 YRS

248	Ta Thi Ngoc Bich	Vietnam	5	7	12	1st
290	Yuphaphon Suebsuan	Thailand	13	8	21	2nd
326	Reika Kurosaki	Japan	17	19	36	3rd
346	Undrakh Jargalsaikhan	Mongolia	25	16	41	4th
297	Ma Suet Yi	Hong Kong China	26	22	48	5th
293	Vonmany Sayasane	Lao	32		32	6th
307	Papatsarin Rungsirichairat	Thailand	34		34	7th
312	Ugyen Pema	Bhutan	37		37	8th
321	Tenzin Deden Bhutia	India	41		41	9th
341	Otgontsetseg Bayanbulag	Mongolia	46		46	10th
334	Nishrin Parikh	India	52		52	11th

MOST IMPROVED ATHLETE	BEST POSER ATHLETE
Meilaura Dora Jimmy - Malaysia	Chan Myae Tun - Myanmar

MEN'S TEAM CHAMPIONSHIP

PLACE	COUNTRY	SCORE
1ST	THAILAND	670
2ND	INDIA	615
3RD	MALAYSIA	370

WOMEN'S TEAM CHAMPIONSHIP

PLACE	COUNTRY	SCORE
1ST	THAILAND	450
2ND	VIETNAM	410
3RD	MONGOLIA	310

TOP TEN WINNERS OF EACH BODYWEIGHT CATEGORY

MR ASIA 2025

109	ARSHAN KHAN	INDIA